

Attendance Register

We urge all parents and nippers to ensure the attendance register is signed on a weekly basis before each training session.

TO THE PARENTS

Parents, please be patient with your kids. Because your child is a great pool swimmer, does not mean they will dominate in the sea. Please give your child, at the very least, a full season to learn the physical and mental techniques required to overcome the personal battles they will face when being challenged by both the sea and the elements, as well as their peers who have more experience.

Remember also, that lifesaving as a sport caters for many different athletic disciplines. If your child is not comfortable with sea events, it is not the end of the journey that lifesaving has to offer.

A successful lifesaving team depends on having competent members from all disciplines including sprinting, long distance running, flags, swimming and board paddling. Durban Surf have a proud history of producing World Champion athletes in all disciplines! This does sound very serious but when it comes to our young nippers, first and foremost we want them to have fun!

There is a place in a nipper lifesaving team for all abilities.

Enjoy the season watching your children grow!

It's going to be awesome! **GO THE RED TIDE!**

THE CROW CAFE

If you have not been upstairs to the Crow Café yet, we would love to see you there. A great place to relax, have brekkie or just enjoy an awesome cup of coffee with friends, whilst your nippers train.

3 PIERS COFFEE CO

We have another Coffee Shop downstairs, for those of you wanting to just grab and go, or instead of having to walk upstairs, its right on the Promenade... lets support local!



2023/2024 Nipper Info & Provisional Dates



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WELCOME NIPPER PARENTS

The 2023/2024 Nipper season is off to a fantastic start and all of us at Durban Surf want to extend a warm welcome to all the new families. We look forward to getting to know everyone!

Please see below a few things for your information that will be useful for the rest of the season. PLEASE ENSURE THAT ALL YOUR SUBS ARE PAID AS SOON AS POSSIBLE.

MEMBERSHIP FEES:

R650/nipplet; R1200/nipper; R1100/2nd nipper; R800/3rd nipper; Family Membership R 3600 (2 x adults & 2 x children U/18)

MEMBERSHIP FEES INCLUDE:

Carnival Fees - R225
KZN Nipper Champ Fees - R300
SA Champs Fees - R550
Capitation Fees - R135
Exam Fees (nipper voucher) - R165

BANKING DETAILS:

BANK: FIRST NATIONAL BANK
ACCOUNT HOLDER: DURBAN SURF LIFESAVING CLUB
ACCOUNT NUMBER: 508 4203 0913
BRANCH CODE: 221426
REFERENCE: CHILDS FULL NAME

CLUB MEMBERSHIP CARDS & access disks are available from the office for R80 each. All WhatsApp groups will be cleaned up. If you are mistakenly removed and you are still active, please contact the office or your age group admin person.

TRAINING: Training is every Sunday, on North Beach from 07h45 – 09h30. Skull caps are compulsory for training. Look out for your age group tear drop banner on the beach. Assistant coaches to be announced. Please see below the names of all the head coaches for the specific age groups:

Niplets - Steve Kitto/ u9/10 - Craig Springate/ u11/12 - Patrick Denyssen
u13/14 - Tim White

LEVEL TESTS: These are tests that all nippers must do in order to compete in any of the carnivals or champs. They are for all nippers and include a swim test, a verbal theory test and beach/sea practical. The pool swim times to qualify per level are as follows:

1. Level 1 – u9/10: 300m in under 8 minutes/ 2. Level 2 – u11/12: 400m in under 10 minutes/ 3. Level 3 – u13/14: 400m in under 9 minutes



These swim times can be emailed to the office or relevant age group administrators by registered swim coaches, school swim coaches or Durban Surf coaches.



LEVEL TESTS CONTINUED:

PROPOSED LEVEL TEST DATES:

Test 1- 15th October
Test 2 - 12th November
Test 3 - 3rd December
Test 4 - 28th January 2023

AGE GROUP ADMINISTRATORS:

U8 Nipplets - Ruth Kitto - ruthebear@hotmail.com
u9/10 - Caryn Springate - caryn.springate@gmail.com
u11/12 - Leanne Denyssen - leannedenyssen@gmail.com
u13/14 - Sam Nichol - samanthajnichol@yahoo.com

CARNIVALS:

Nipper carnivals are interclub competitions that are held at Addington Beach, where your nipper will get to put into practise all that they have learned at their weekly training sessions. If your nipper has completed their respective level tests, they will be able to compete in both the beach and sea events. If they haven't, they will still be able to participate in the beach events, namely flags, sprints, and the long beach run.



Your nipper will require a compulsory pink competitor's rash vest for all water events, available from the office.

The proposed but not yet confirmed competition dates for this season are as follows:

Carnival 1 - 29th October (Marine) / Stillwater 1 - 12th November
Carnival 2 - 26th November (Scottborough)
Carnival 3 - 14th January (DUC) / Stillwater 2 - 28th January
Carnival 4 - 4th February (Marine)
KZN Nipper Champs (all age groups) - 2nd/3rd March (Marine)
SA Champs (Marine) - 21-28th March (Marine)
Inter provincial Champs (Venue & Date TBA)

KZN AND SA NIPPER CHAMPS:

Please note that there are no selection criteria besides level awards to participate at KZN or SA Club Champs. Participation is voluntary. KZN Champs will be held at Addington Beach in Durban. SA Champs is a great life experience that parents, and nippers alike will never forget!

CONTACT:  secretary@durbansurf.co.za  031 337 0448

